



# DAMLAKTEKIN

## CONTACT

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## OBJECTIVE

Helping individuals and groups heal their energetic wounds and re-activate their inner brilliance and light.

## ABOUT

Damla Aktekin is a Healer, who helps people with energetic wounds to reclaim their light and replace their burdens with joy, love, and bliss. She is the creator of the website and blog A Drop of Om, Chakra Bliss Healing sessions, Resilient and Mindful Stress Management and Meditation Workshop for kids and young adults, and Mantra Dance Workshop. You can find out more about her offerings at [adropofom.com](http://adropofom.com).

## WORK HISTORY

### HEALER, OWNER

- A DROP OF OM Healing and Wellness Studio, Durham, NH | Energy Healing Private and Group Sessions, Meditation and Movement Workshops | 2012-present

### YOGA TEACHER

- Various Studios in Washington, DC and Seacoast New England | Movement and Meditation Classes and Workshops for Kids, Teens and Adults | 2009-present

### YOGA STUDIO MANAGER

- Rasamaya Yoga, Dover, NH | Customer Relationships, Teacher Affairs, Scheduling, Marketing | 2010-2011

### MANAGEMENT CONSULTANT

- BearingPoint, McLean, VA | Process Re-engineering, Software Development, Project Management | 2005-2009
- Planmatics Inc., Rockville, MD | Software Development and Customer Training | 2004-2005
- Daimler Chrysler AG, Woerth, Germany | Process Re-engineering | 2002

## EDUCATION

**BIOFIELD TUNER BIOFIELD TUNING 1 CERTIFICATION** | 2017

**REIKI MASTER REIKI 1, 2 AND 3 CERTIFICATIONS** | 2005, 2006, 2012

**500 HOUR CERTIFIED YOGA TEACHER YOGAWORKS AND RASAMAYA** | 2009 - 2011

**MBA THE GEORGE WASHINGTON UNIVERSITY AND PFORZHEIM UNIVERSITY IN GERMANY** | 2001 - 2004

**BSC TEXTILE ENGINEERING ISTANBUL TECHNICAL UNIVERSITY** | 1997 - 2001

## EXPERIENCE

- Over 1000 hours of healing, movement, meditation and workshop teaching experience in private sessions and group classes.
- Creation of a variety of movement and meditation workshops, classes and online courses.
- Comfortable working with and teaching kids, teens and adults.