Allowing life to be as it is.

Making space for a sincere allowing, without conditions and prerequisites.

Allowing your life, your healing, your relationships, your work to unfold as they need to.

Letting go of the illusion of control.

Letting go of the pattern of ‘If I worry or get angry, it means I am doing something.’

Letting go of the pattern of powerlessness, heaviness, and stuckness.

Letting go of what you think you know.

Opening up to the mystery, the beauty, and the song of life.

Allowing life to sing to you, in you, for you, with you.

Allowing the mystery to become you.

Allowing trust to be your ally, your presence to be your comfort, your joy to be your carriage, your love to be your everything.

Allowing the truth of who you are to shine brilliantly.

Allowing things to unfold with patience, with care, with a lot of love. If you have trouble allowing, contact me and let’s unfold your energetic wounds together

for an allowing existence.

With love and light,

Damla