



Hosted by Damla Aktekin



Featuring

CONVERSATIONS WITH HEALERS



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In this Conversations With Healers episode, my guest is Carlos Perez, Certified Chiropractor, Sound Therapist, Shamanic Practitioner, Fire Walk Instructor, Holistic Healer and Soul Whisperer. Carlos and I had a beautiful conversation about:

- Sound healing and various sound healing tools,
- The element of fire and how it comes alive in and around us,
- Fire walking and fire purification journeys,
- Being a healer and a parent, and what our children can teach us,
- And more.

My favorite healing nugget from Carlos is “You are magic. You have so much in your story to give to the world. And you are not alone. In order to get, you have to ask. The people will show up in ways you can never imagine.”

You can find out more about Carlos and his work at [his website](#), on [Facebook](#), through his [Facebook Group](#), and on [Instagram](#). You can [download a free singing bowl sound meditation from Carlos at this link](#).

If this conversation touched you in any way, inspired you, or spoke to you, please share it. You can share it in a conversation, post about it on Facebook or Instagram, or email or text it to your friends and family. We truly appreciate your support in spreading the love and light that we hope to create with these conversations!

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With love and light,

Damla

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