

In this Conversations With Healers episode, my guest is Christian Reifsteck, Life Coach, Intuitive Card Reader, Teacher, Educator, and a Reiki Healer.

Christian and I dove into a beautiful conversation about his story of re-connecting with his internal resources, the seven way path that brought him back to wholeness, the opportunity of growth that change and dismembering ourselves from familiar lands, people, jobs, and situations can bring, the most important thing you need to know and do during a change, and more.

You can find out more about Christian and his work at his website <https://standingstoneshealing.com/> where you can download his free Life Encouragement Kit for support during change. Follow his healing inspiration posts at <https://www.instagram.com/standingstoneshealing/> and monthly card readings at <https://www.youtube.com/channel/UC3XCgyZgeTCueziOQ3O28Q>

Christian is generously offering 50% off on an individual live 1.5 hour Distant Reiki Healing Ceremony through this link:

<https://bit.ly/conversationswithhealersspecialoffer>

With love and light,

Damla

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