



Hosted by Damla Aktekin



Featuring Diane Murphy

CONVERSATIONS WITH HEALERS



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In this Conversations With Healers episode, my guest is Diane Murphy, the founder of the Big Fish Learning Community, English teacher, educator, poetry-geek, self-healer and creator of educational programs for teens that allow them to be themselves. Diane was incredibly honest about her own healing and growing journey, and her willingness to be open to learning from her body's clues and adjusting her self-healing activities. We also talked about:

- her leap of faith in creating a safe place for young teens to express who they are,
- the importance of creating and nurturing a community,
- the rise of the feminine,
- how poetry can be healing and so much more.

Diane's enthusiasm and love about poetry are infectious. During our conversation, Diane shared [Mary Oliver's poem Wild Geese](#). Here are a few other healing poems that Diane mentioned during our chat: [The Journey by Mary Oliver](#), [Two Kinds of Intelligence by Rumi](#), and [Kindness by Naomi Shibab Nye](#).

My favorite healing nugget from Diane is “If you are what you practice, who are you?”

You can find out more about Diane and Big Fish Learning Community at [this link](#). They are very open to community involvement and collaboration.

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With love and light,

Damla

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