Hosted by Damla Aktekin   Featuring Gail Lynn

CONVERSATIONS WITH HEALERS

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In this Conversations With Healers episode, my guest is Gail Lynn, creator of the Harmonic Egg which is a unique healing chamber that combines sound, light, color and geometry for healing and the author of Unlocking the Ancient Secrets Of Healing. It was an absolute joy to chat with Gail. We talked about:

- Gail's self-healing story of burn-out and several physical issues that led her to seek alternative healing methods and to the creation of the Harmonic Egg.
- Gail's journey of creating the Harmonic Egg and how she received intuitive guidance along the way.
- What a Harmonic Egg treatment session is like and what to expect. My personal experience with the Harmonic Egg.
- And more.

My favorite healing nugget from Gail is "The Harmonic Egg is a healing chamber where you can really heal so much trauma and so much of our trauma causes the diseases."

You can find out more about Gail and the Harmonic Egg at her website. Gail

is freely sharing some of the beautiful and healing music used in Harmonic Egg sessions at this link. You can also follow Gail on Instagram.

If this conversation touched you in any way, inspired you, or spoke to you, please share it. You can share it in a conversation, post about it on Facebook or Instagram, or email or text it to your friends and family. We truly appreciate your support in spreading the love and light that we hope to create with these conversations.

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Take this quiz to determine what your energetic wounds are and how they show up in your life.

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With love and light,

Damla

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