

In this Conversations With Healers episode, my guest is Haley Lusk, Vitalist Clinical Herbalist, Fertility Awareness Educator, The Founder of Becoming Sovereign Herbal Apothecary and a Healer. Haley works with the magic of the plants and cosmos through herbal alchemy to help you create the life and health you deserve, unapologetically.

We talked about what plant alchemy is, what plants and crystals have in common, how to begin connecting and healing with plants and herbs (what to do and what not to do), herbal astrology, and more.

You can find out more about Haley and her work at her website:

<https://haleylusk.com/>. Haley is offering a free quiz on what plant spirit might be guiding you. Take the quiz here: <https://haleylusk.com/quiz-2/>

With love and light,

Damla

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