

In this Conversations With Healers episode, my guest is Nina Kaiser, Co-founder of Mind Gourmet (a company dedicated to contributing inspiration and uplifting to the world), Public Relations Specialist (Resonance Connector helping professionals from the fields of personal development and spirituality in their visibility journey), Book Editor, Translator, Energy Reader, Consciousness Explorer and my really good friend!

If you were wondering if it is possible to start a friendship during the pandemic, this episode is your answer! I hope that this conversation is such a treat for you, as it was for me to have it. Nina's insights and vulnerability are truly inspiring for me and I feel so lucky that we found each other in the midst of the pandemic!

Nina and I talked about how our friendship started and evolved, how our deep listening and file-swapping enhanced both our lives, her special approach to Public Relations (or better put Soulful Connections) that is different than the main stream, how her intuition works when she is connecting people, how it feels to be doing work that is hard to define in traditional terms, and more.

You can find out more about Nina and her work at her website

<https://mindgourmet.com/>. Connect with her on Instagram at:

<https://www.instagram.com/mindgourmet/>

With love and light,

Damla

P. S. A huge shout-out to our friend [Jennifer Ellis](#) for introducing Nina and me.

P. S. too: Here are the podcast episodes I am mentioning in this conversation:

[The fairy tale of the Briar Rose \(Sleeping Beauty\) - episode 1 of Encounters by Tokopa](#)

[The Light Goddess Podcast by Jude Hotep - Goddess Eris](#)

[The Astrology Podcast by Chris Brennan - The Early History And Meanings Of Nodes \(minute 36 for the myth of Rahu and Ketu\)](#)

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