

In this Conversations With Healers episode, my guest is Patty Lennon, Best-selling Author, Coach with a Masters in Psychology, Host of The Space For Magic Podcast, Keynote Speaker, and the Founder of The Receiving School. Patty brings in a beautiful gift of extracting truths from her life and her healing work. I can say for sure that this is a conversation that I needed to hear about receiving. I hope you take the time to really absorb Patty's lovely magic and wisdom.

We talked about:

- Patty's story of how she came to do her healing work, her moment of being fully seen by a co-worker, and how her childhood shaped her dreams and goals,
- What receiving is and isn't,
- What knowing and meeting our needs has to do with receiving,
- The main thing that's holding you back from manifesting and receiving more money, love, etc. and realizing your dreams (this was a huge aha moment for me!),
- How being a lightworker doesn't mean that it will always be sunlight and rainbows,
- And so much more.

You can find out more about Patty and her work at her websites

<https://www.pattylennon.com/>, <https://magic.pattylennon.com/thereceivingschool> and her Instagram <https://www.instagram.com/pattylennon/>. She has a free quiz for finding your secret soul power <https://magic.pattylennon.com/power-quiz>

With love and light,

Damla

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