



Hosted by Damla Aktekin



Featuring Sheila Hite

CONVERSATIONS WITH HEALERS



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In this Conversations With Healers episode, my guest is Sheila

Hite, world-renowned Tarot Master and Teacher, Master Transformational Astrologer, Intuitive and Author. Sheila was featured in the book 100 Top Psychics and Astrologers in America. Sheila and I had a delightful conversation about:

- Her unusual upbringing and how her intuitive gifts were celebrated from birth,
- The concept of Spiritual Hedonism (which is the title of one of Sheila's books) and how our pleasure and joy can lead us to deeper healing and what Karl Lagerfeld can teach us about life,
- The art of healing others and how there is no one size fits all approach when it comes to psychic readings or healing work,
- Tarot and Astrology, how these tools can help us on our healing journey,
- How grace can work regardless of the tools we use as healers,
- What spiritual alchemy means for us and for the world,
- And more.

My favorite healing nugget from Sheila is "Start turning within and start loving yourself. Liking yourself is great but go ahead with unconditional love. If

divine can love you, why not you?"

You can find out more about Sheila and her work at her [website](#), on [Facebook](#), or on [Instagram](#). Sheila is generously offering 20% off of her readings for our listeners, until 8/29/2020. You simply need to email her at in2itivone@gmail.com and mention the coupon code GRACE to receive the discount.

If this conversation touched you in any way, inspired you or spoke to you, please share it. You can share it in a conversation, post about it on Facebook or Instagram, or email or text it to your friends and family. We truly appreciate your support in spreading the love and light that we hope to create with these conversations.

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With love and light,

Damla

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