



Hosted by Damla Aktekin



Featuring Stacey Sargent

CONVERSATIONS WITH HEALERS



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As you know, I love talking to Healer friends. This time my guest is Stacey Sargent, an energy healer, yogini, essential oil Goddess, meditator and mom. In this [Conversations With Healers](#) episode, we talked all about the challenges of self-love, the human experience in our lives and our work as healers including love, fear and the struggle in between, and Stacey's incredible take on trusting her inner and outer journey, which has been crucial in how she created her new healing studio.

My favorite healing nugget from Stacey is "Love thaws, love heals. That's how powerful love is. When you connect to that true essence of unconditional divine love, that's what'll heal all of your wounds, all of it."

You can find out more about Stacey's [work at this link](#). She offers amazing healing, essential oil and yoga journeys at her studio Inner Presence Healing in

Greenland, NH and anywhere online.

Stacey is gifting a 30 Minute distance energy healing session to one of our lucky listeners. You can enter by [filling out this survey](#) by March 31, 2019 and sharing this interview with your friends and family any way that feels authentic to you.

If this conversation touched you in any way, inspired you or spoke to you, please share it. You can share it in a conversation, post about it on Facebook or Instagram, or email or text it to your friends and family. We truly appreciate your support in spreading the love and light that we hope to create with these conversations.

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With love and light,

Damla

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