



Hosted by Damla Aktekin



Featuring Susan Burrell

CONVERSATIONS WITH HEALERS



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In this Conversations With Healers episode, my guest is Susan

Burrell, Intuitive Healer and Spiritual Guide, author of *Life Your Empowered Life – A 30-Day Journey Book*, and the host of *Empowering Chats With Susan Burrell* Podcast. Susan and I had an amazing conversation about:

- Her healing story and how she re-discovered her intuitive hearing abilities that were suppressed,
- What it means to live your empowered life,
- How meditation, journaling, and affirmations can create long-lasting shifts and transformation in your life,
- And more.

My favorite healing nugget from Susan is “I didn’t realize that I had been listening (to my intuition) my entire life. I just simply wasn’t allowing it. Now I do.”

You can find out more about Susan and her work at [her website](#), [Instagram](#), and on [Facebook](#). Check out her amazing book [Live An Empowered Life – 30 Day](#)

[Journey Book](#). You can also sample her beautiful [guided meditations on YouTube](#) and on the [Insight Timer meditation app](#) for free. You can join Susan and I in the virtual [Live Your Empowered Life Healing Retreat](#) on April 23 to 25, 2021 (use promotion code LYEL10 for 10% off). Through energy healing sessions, guided meditations, and gentle movement, you will experience a new way to step into your power.

If this conversation touched you in any way, inspired you, or spoke to you, please share it. You can share it in a conversation, post about it on Facebook or Instagram, or email or text it to your friends and family. We truly appreciate your support in spreading the love and light that we hope to create with these conversations!

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With love and light,

Damla

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