



Hosted by Damla Aktekin

Featuring Yamile Yemoonyah

CONVERSATIONS WITH HEALERS



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In this Conversations With Healers episode, my guest is Yamile

Yemoonyah, Spirit Guide Medium, Host of the Spirit Guide Show, and Hay House Author. Yamile helps people connect with their own spirit guides. I have truly enjoyed chatting with Yamile and diving deeper into the wisdom of our spirit guides and their messages for us. Yamile and I talked about:

- Yamile's wonderful wisdom about finding the balance between rest and being of service during the quarantine.
- Her extraordinary story of discovering her unique soul gifts and getting in touch with her spirit guides,
- What spirit guides are, what kinds of spirit guides exist and what their main message is,
- The different types of intuition and the importance of trusting your intuition,
- How we can get in touch with our spirit guides and why it matters to know what type of guides we are connecting with,
- When we feel lost, how to ask for the wisdom and support of our spirit guides,
- What aspect of spirit guide communication is meant to be healing and enjoyable,
- Her advice for Healers,

- And more.

My favorite healing nugget from Yamile is “Most spirit guide messages come down to directing people back to their own soul. And that can take different forms. It is usually about their guides wanting them to reconnect with themselves so they can find their path again.”

You can find out more about Yamile and her work at [her website](#) and on [Instagram](#). Yamile has a free and fun quiz on her website that helps you discover which of the seven types of spirit guides you might have. You can also order her new book [The Seven Types Of Spirit Guides](#) (coming out in October 2020).

If this conversation touched you in any way, inspired you or spoke to you, please share it. You can share it in a conversation, post about it on Facebook or Instagram, or email or text it to your friends and family. We truly appreciate your support in spreading the love and light that we hope to create with these conversations.

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With love and light,

Damla

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