



Live on Instagram @womenswellnessexchange

women's wellness exchange

I had a beautiful conversation with Tracey Miller about how gratitude can help you in your business and how important it is to create space for it.

Women's Wellness Exchange is a wonderful community of healers and lightworkers who support each other and help each other grow. [Find out more about their mission here.](#)

[Join the Women's Wellness Exchange raffle](#) within August 2021 to win a copy of 40 Days of Gratitude Journal.

[WATCH & LISTEN HERE](#)