



When I was a little girl, one day I woke up remembering a dream. I must have been 4 or 5 years old, definitely before school age. In my dream, I am looking out the window, there's a ton of snow and I see this cute brown house peacefully sitting in the midst of all the snow. And I am perched at the window watching all the snow. I woke up not knowing who I was or where I was. At the time where we lived (in an apartment in a small town in Turkey), it didn't snow very much and there were no cute brown houses anywhere in sight.

Fast forward to years later, it took me a year after moving to recognize that that brown house now sits across from my house in the middle of snowy New England where we have been living for 10+ years. Right now I am sitting in my

front steps looking at the cute brown house, knowing it'll be covered by the peacefulness of snow soon.

It takes a while to understand the seasons and cycles of our lives. That little girl needed to know that peace existed in the form of a house somewhere with lots of snow so that she could begin to move her soul towards it.

Wherever in your life's cycle you are right now, I hope you know that there's magic and forces beyond your comprehension cheering you on.

With lots of love,

Damla

Here's what has been giving me immense joy lately:

[This song that pierces my heart](#)

[This song that I am obsessed with](#)

[This amazing podcast episode](#) that tells you why you need to nap

[This witchy book](#) that stole my heart

[This simple, delicious and healthy breakfast recipe](#) which is also great as a midday snack

[Another reason to love dogs](#)

P. S.

Here are some **powerful free resources** for your healing journey.

Join me on Instagram, Facebook, YouTube and TikTok for crystal healing love and energetic wound and inner child healing inspiration.