

In this video, I am talking about self-love and how working with obstacles to self-love can be a wonderful healing tool. In my private sessions, I often run into issues of self-love. We often mistake the kind of interaction we had with our caregivers as love. Some of us have been ignored, so we ignore ourselves. Some of us have been hurt, so we hurt ourselves.

Self-love is the truth that remains when we peel away the trauma, sadness, anger, stories and programming to repeat what we thought was love. I am offering an online Biofield Tuning session to give you some energetic support in retrieving and releasing some of these patterns. I hope you make this investment to join this online group healing. A recording will be available for those who cannot join live.



OBSTACLES TO SELF-LOVE

Live Audio Biofield Tuning Session

with Damla Aktekin

October 8, Tuesday, 5:30-6:30pm

Recording will be available

Register @adropofom.com



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