

"BECAUSE LIFE IS
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-Damla Aktekin

Listen to my conversation with Sheila Botelho for The Connect Podcast. Sheila has an amazing capability to bring out the nectar in a conversation. Here's Sheila's summary of what we talked about:

"Because life is generous, you're given one dominant wound to work with at a particular time in your life. You may get to an understanding and flow about that wound, and then move to another as you grow." -Damla Aktekin

She thought she was doing it right.

Damla Aktekin was in a successful career, working hard towards what she thought life expected of her. And then a serious medical emergency changed everything

and split her life wide open.

Damla Aktekin, Healer, Coach, and Writer joins me on the podcast to share more of the story.

In This Episode You Will Hear about:

- The catalysts of her health emergency and hitting rock-bottom as a new mom
- What energetic wounds are and how to heal them
- How she transitioned her healing journey into a business
- What it means to run a business intuitively
- Tools to help cross personal and professional hurdles you may be facing.

Damla helps other self-healers and healers move beyond their energetic wounds to shine brighter than they thought possible so that they can fully show up in their lives to heal themselves, their families and their soul-tribe.

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