



# CRYSTAL HEALING SIMPLIFIED

Stay tuned for an amazing offer on  
JANUARY 1ST

*just for you*

**Happy -almost- new year!**

**My online course [Crystal Healing Simplified](#) will be launched with an amazing offer on January 1st! Please stay tuned!** I have been living and breathing crystal healing meditation for the last 8+ years. This course is the result of hours and hours of self-practice and healing hundreds of one-on-one and group clients with crystals. I am teaching you everything you need to know to deepen your crystal healing experience and learn to create crystal healing magic.

**Watch the [5-part Crystal Healing Myths video series](#)** where I demystify crystal healing concepts that no longer make sense to me.

**Take a look at my online course [Crystal Healing Simplified](#)** where I teach you step by step how to partner with crystals and dive deeper into crystal healing magic.

**I will be sharing an unbelievable offer with you on January 1st, stay tuned!**



**One of my favorite ways to experience crystal healing is to look at a crystal and imagine that she is a reflection of my inner crystalline structure.** When I hold a rose quartz in my hand looking at her crystalline structure, I notice the seemingly random lines and spaces that have formed inside her. As I look at her I realize that I am looking at myself. Looking at her is like seeing into the crystalline structures and fascia that are inside of me. I marvel at the light information that got quickened and formed herself into this seemingly solid beingness so that I now have the chance to hold myself in my hand as her. This rose quartz is me. I am her. We are one. Now that we've truly seen into each other and understood who and what we are, our conversation with each other and the universe can begin.

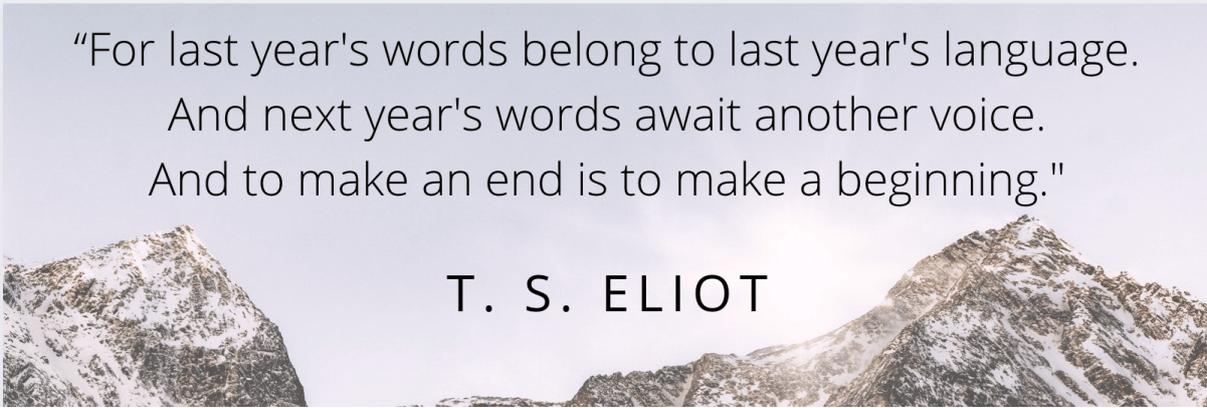


I joined Salma Chellal in conversation alongside other inspiring speakers from across the globe for an interview series called **Love Yourself Unconditionally**. This is your invitation to embark on an empowering personal experience into a world of love and acceptance for who you are.

**REGISTER HERE** by December 29 to save your seat!



Here are **my favorite self-care tools for tending to your body and tissue**. If you love massage, you'll love these.



"For last year's words belong to last year's language.  
And next year's words await another voice.  
And to make an end is to make a beginning."

T. S. ELIOT

**Time to select your word for the new year!** Your word of the year is a one word vibration to summarize what you would like to live, embody and experience in 2021.

My word for 2021 is **enchantment**, which means a feeling of great delight. I am holding the intention to keep coming back to feeling good and delighted no matter what. What's your word?

With love, light, and gratitude,

Damla