

TAKE Your Crystal Healing Personality QUIZ

To discover your crystal healing personality
and the next steps to deepen your crystal healing



TAKE THE QUIZ

I created a brand new and really fun quiz for you: **Your Crystal Healing Personality QUIZ**. I hope you enjoy taking it as much as I enjoyed creating it. Take it, share it, and let me know what your result is!

You can check out some information about my upcoming online course **Crystal Healing Simplified**. I wanted to give you a quick taste of what it will be about. I will keep updating this page as I continue to put the finishing touches on the course.

Watching and loving the new season of the **Great British Baking Show on Netflix**. It is amazing to watch people create loving masterpieces. As a healer, I especially love watching how the contestants deal with stress, criticism, and leaving the show. Hint: those who have tended to their energetic wounds are much more resilient and optimistic than those who haven't.

To start my day gently supporting my body, I am drinking water with the juice of

half a lemon and some honey in the mornings, 30 minutes before my breakfast, which is usually **bananas with tahini**. As I stir my water, I usually hold out one hand above it, sending love and healing into it and to all the waters in my home and beyond. If you'd like to learn more about how talking and sending your thoughts to water affects it, **watch my conversation with Veda Austin**.

With love, light, and gratitude,

Damla



TRUSTING THE PROCESS OF LIFE

Online Biofield Tuning

November 12, 2020 8-9pm EST

Register @ adropofom.com

November's group healing is all about trusting the process of life. To be perfectly honest, I designed and timed this one to coincide with the aftermath of the elections in the US. No matter who you vote for and what the outcome is, this will be a chance to set aside one hour from your life and remember (re-member and

embody) that life is happening for you and not to you and everything is an opportunity for growth. A recording will be provided if you can't make it live.

[REGISTER HERE](#)

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