

In this video, I am talking about what your vibrational reality is and how and why you need tools, practices and the occasional help to tend to your vibration.

Learn more about my [online course Tending To Your Needs](#). Tending To Your Needs is an online course to set the foundation for your healing and help you to recognize, name, prioritize and meet your needs with or without help. It is all about learning more about your needs and how to make them a priority. You will learn a variety of tools and practices to be able to address your vibrational needs as they arise.

This course is open for enrollment ONLY THE NEXT SEVEN DAYS until February 20, 2020 with introductory pricing of \$97.

It will never be offered at this price again.

[Learn more about all my online courses](#)

[Find out more about working with me privately](#)